

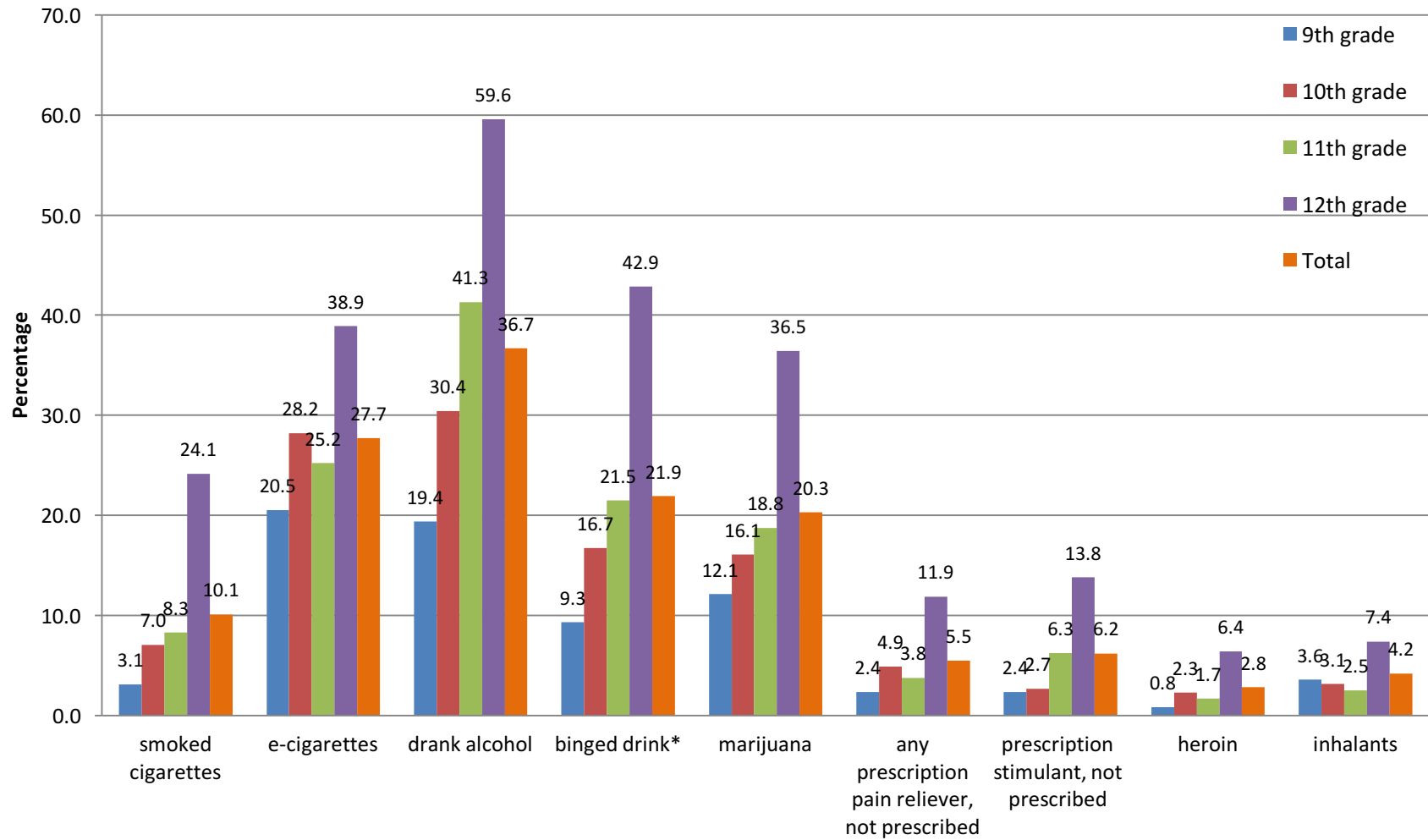
**Waltham Partnership for Youth
Waltham Youth and Community Coalition (WYCC)
SAMHSA Project Number: SP019740
2015 High School Data Summary
November 6, 2015**

Table 1. Demographics:

	All (N=942)	No supportive adult* (n=85)
Female	48.8%	48.2%
9th grade	28.4%	31.8%
10th grade	24.2%	25.9%
11th grade	25.8%	16.5%
12 th grade	21.6%	23.5%
Asian/Asian American	7.2%	5.9%
Black/African American	12.5%	20.0%
Hispanic/Latino	32.7%	41.2%
White	44.4%	28.2%
Other ethnicity/race	3.1%	4.7%
LGBTQ	10.2%	19.0%
Years lived in US:		
<=6 years	14.9%	16.5%
>6 years, not whole life	9.3%	12.9%
Whole life	75.8%	70.6%
Typically slept at parent/guardian's home	95.4%	85.9%
Past 12 months, school grades:		
Mostly A's	28.4%	15.3%
Mostly B's	41.8%	34.1%
Mostly C's	19.1%	22.4%
Mostly D's and F's	4.9%	16.5%
Not sure	5.9%	11.8%

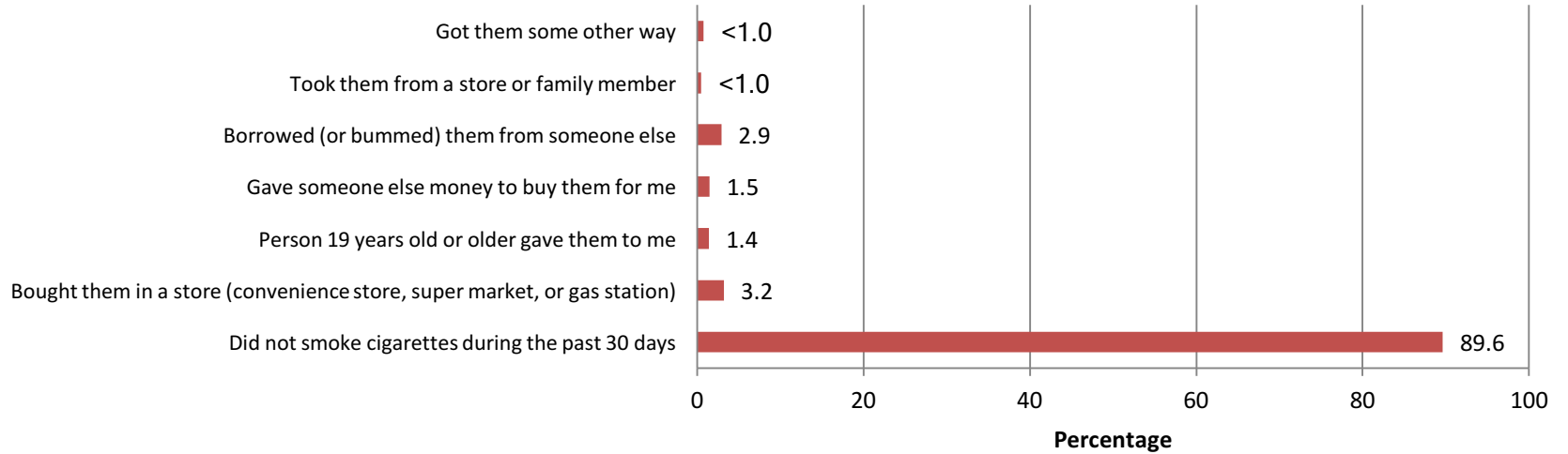
*Notes: 1) High school students who reported they did not have any adult they could “talk to about things that are important” (n=85). 2) These students consistently reported higher rates of ATOD use, other risky behaviors, depression, suicidality.

2015 Waltham High School YRBS Current ATOD Use

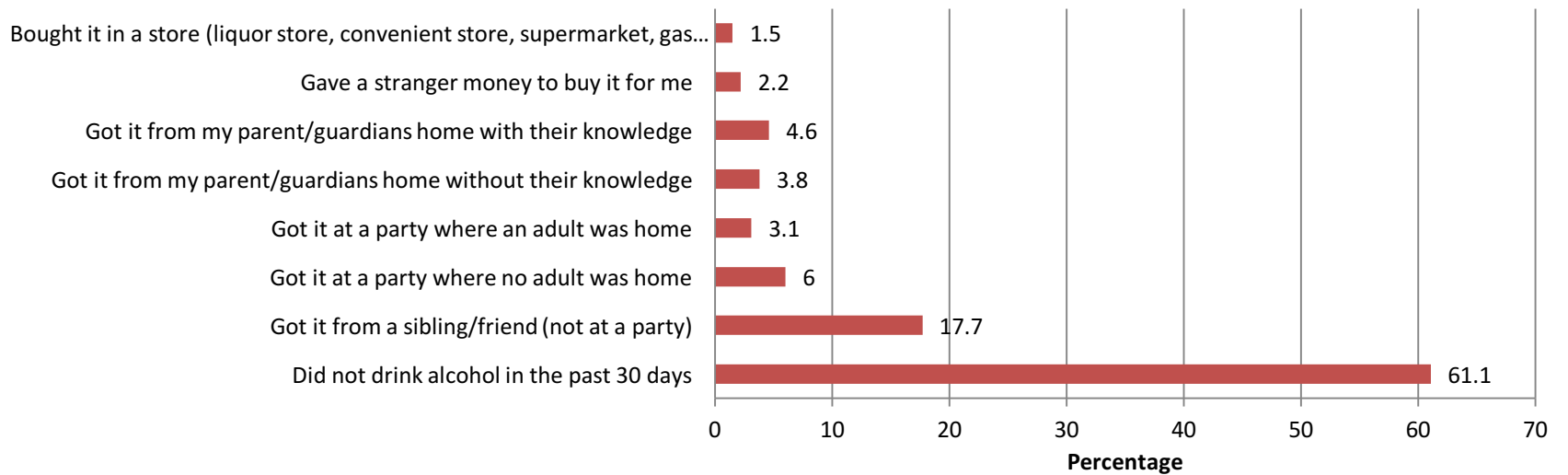


Notes: Current use=past 30 days use; *Binge drink=5 or more drinks in a row within a couple of hours.

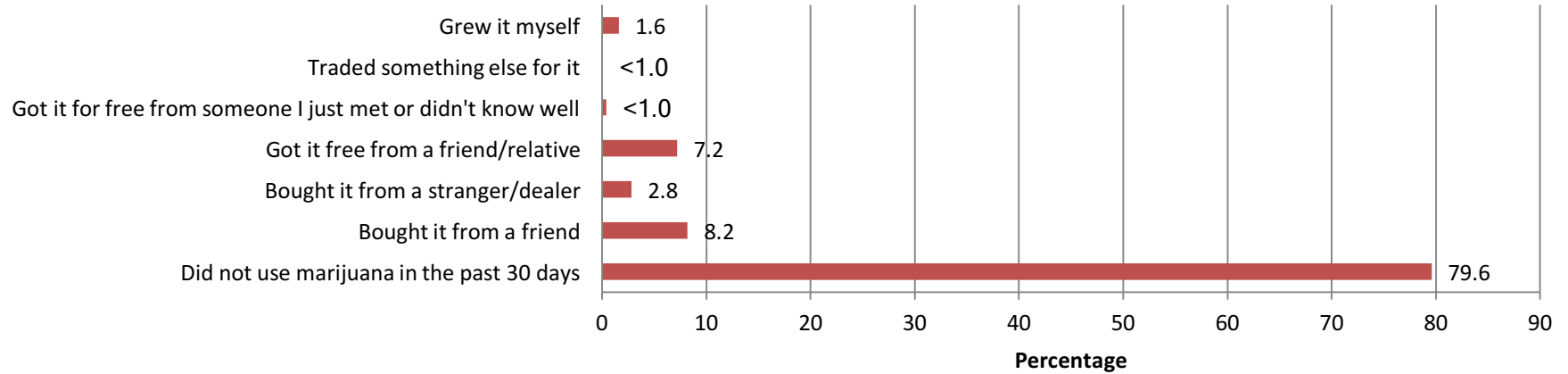
2015 Waltham High School YRBS: Access to Cigarettes



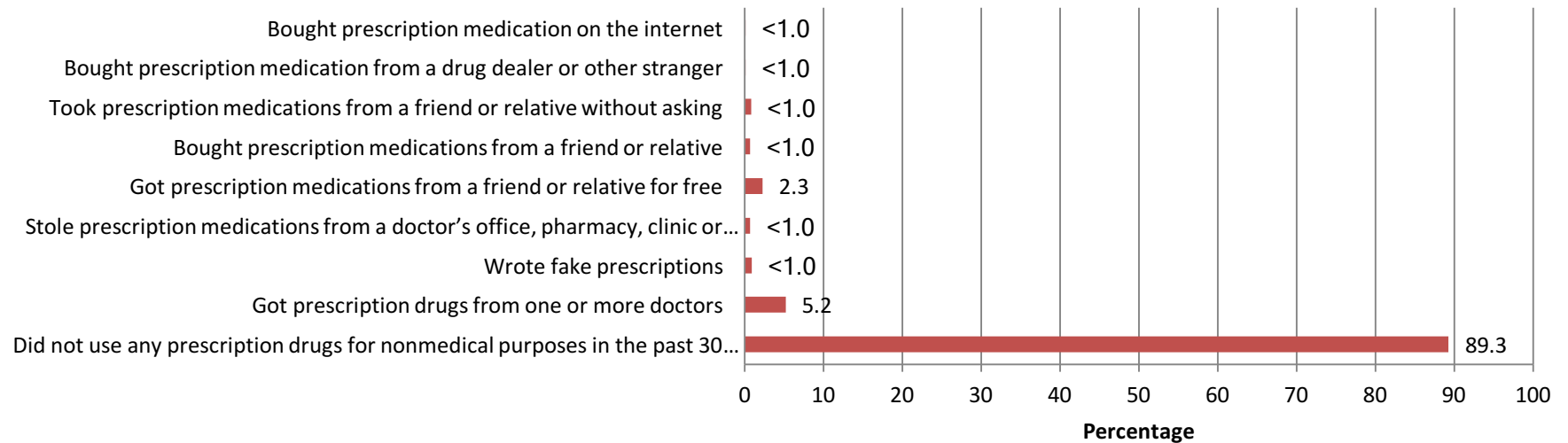
2015 Waltham High School YRBS: Access to Alcohol

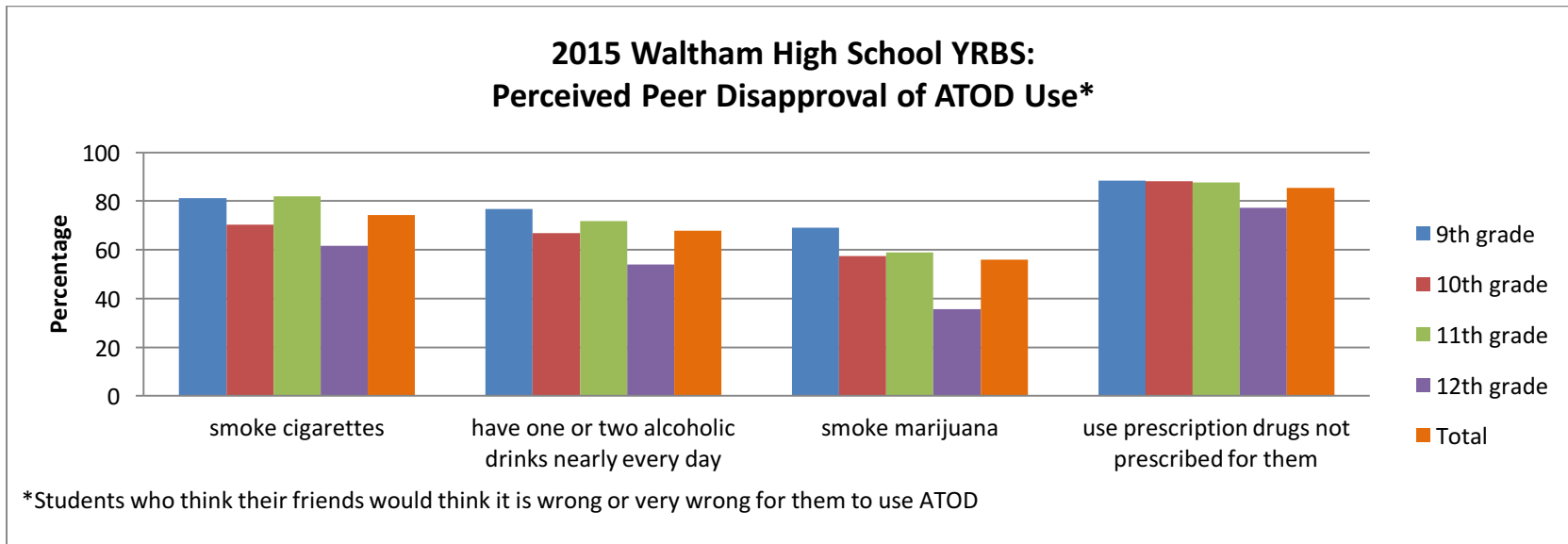
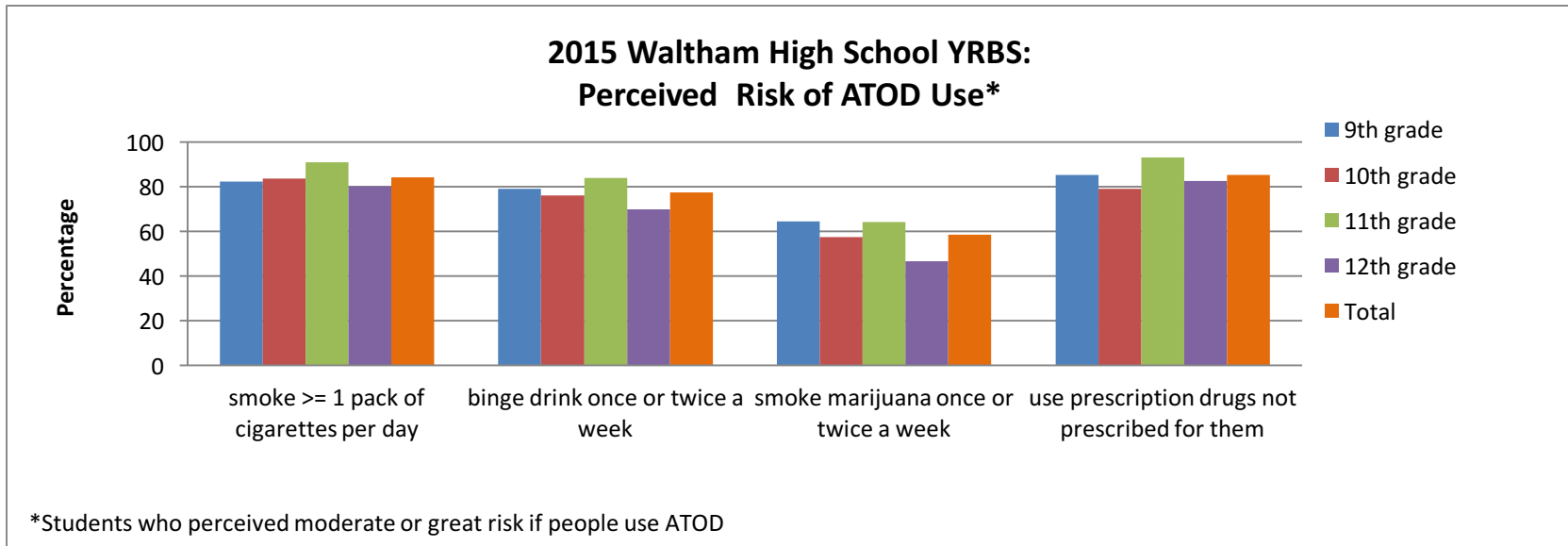


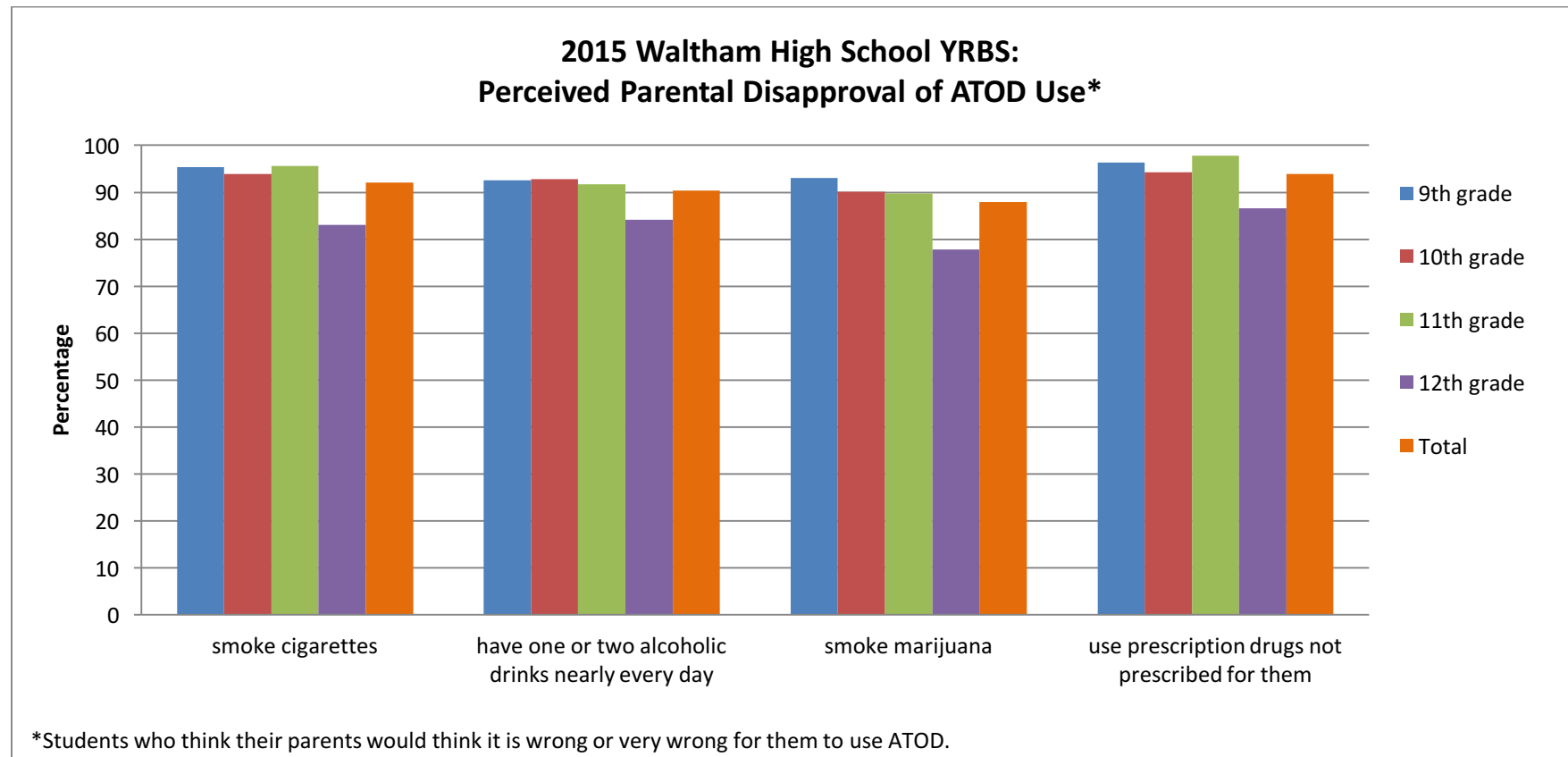
2015 Waltham High School YRBS: Access to Marijuana



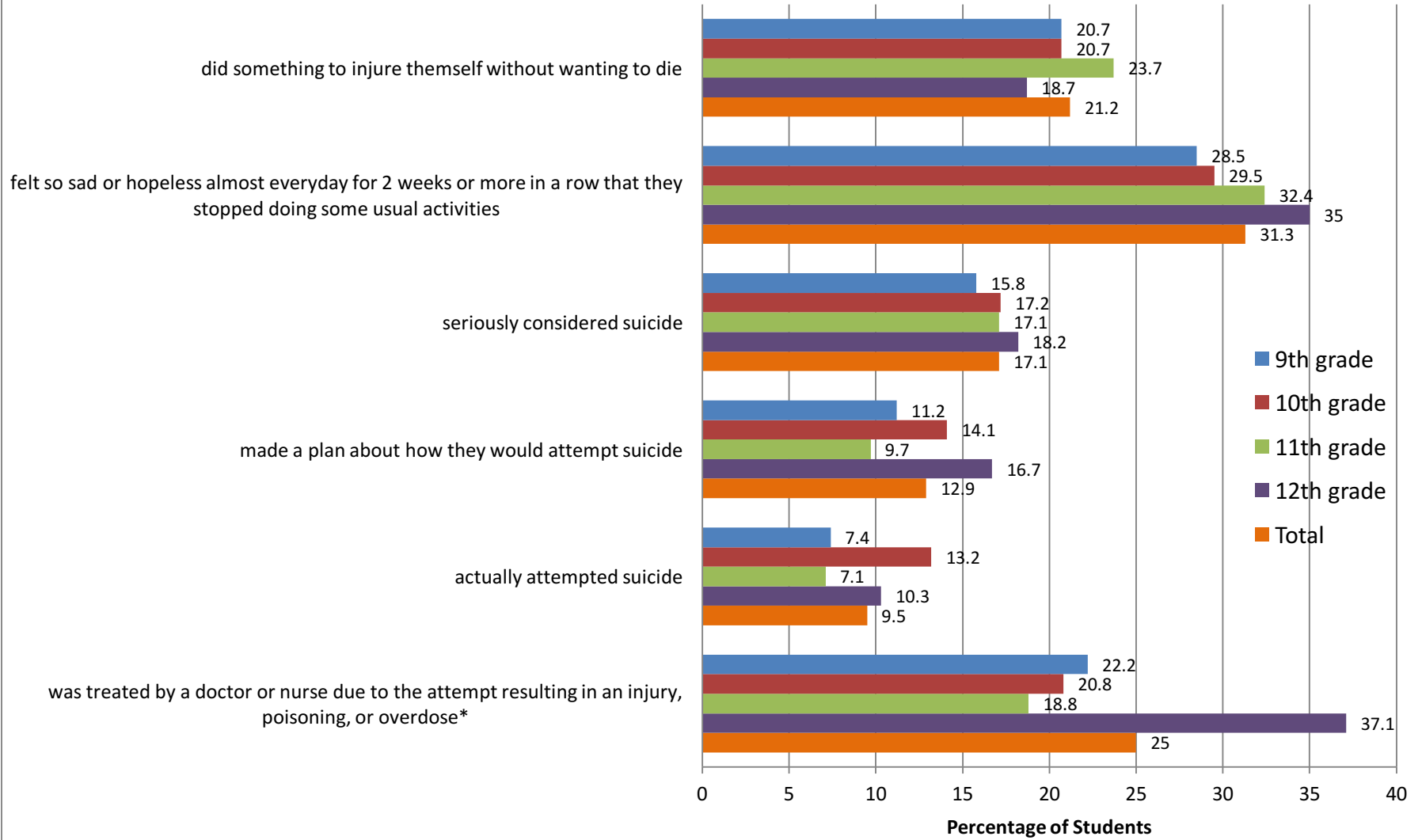
2015 Waltham High School YRBS: Access to Non-Medical Use of Prescription Drugs







2015 Waltham High School YRBS: Depression and Self Harm



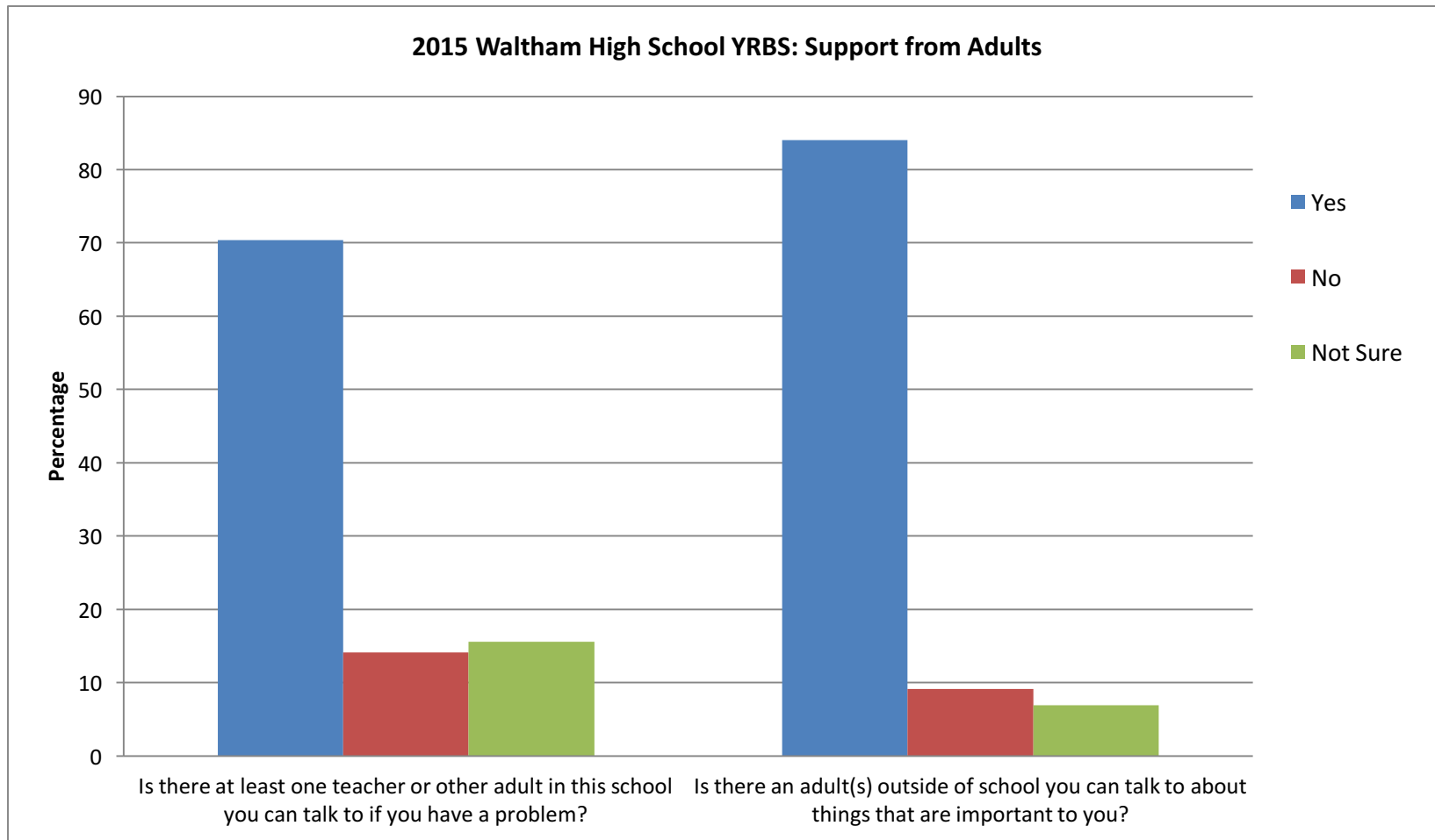


Table 2. Current ATOD Use

During the past 30 days, % of students who...	9th grade	10th grade	11th grade	12th grade	Total (2015)	Total (2012)
smoked cigarettes	3.1	7.0	8.3	24.1	10.1	19.7
smoked on school property	1.5	5.7	3.7	11.8	5.5	10.2
used other tobacco products	3.5	5.3	7.5	9.4	6.4	NA
used e-cigarettes	20.5	28.2	25.2	38.9	27.7	NA
drank alcohol	19.4	30.4	41.3	59.6	36.7	43.9
binged drink*	9.3	16.7	21.5	42.9	21.9	26.3
drank alcohol on school property	6.6	7.9	5.8	10.3	7.7	NA
used marijuana	12.1	16.1	18.8	36.5	20.3	22.7
used marijuana on school property	.8	3.1	4.6	12.9	5.2	NA
used any prescription pain reliever, not prescribed	2.4	4.9	3.8	11.9	5.5	NA
use prescription stimulant, not prescribed	2.4	2.7	6.3	13.8	6.2	NA
used any form of cocaine	.8	3.1	2.1	10.3	3.9	NA
used ecstasy	.4	2.7	2.5	8.4	3.3	NA
used heroin	.8	2.3	1.7	6.4	2.8	NA
used methamphetamines	.4	2.7	2.5	7.4	3.2	NA
took steroid pills or shots without a doctor's prescription	1.2	2.7	1.7	8.4	3.5	NA
used illegal drug	1.2	2.7	2.5	8.9	3.8	NA
used inhalants	3.6	3.1	2.5	7.4	4.2	NA

*Binge drinking=5 or more drinks in a row within a couple of hours.

Table 3. Questions on Access to Cigarettes

During the past 30 days, how did you usually get your own cigarettes?	Frequency	Percentage
I did not smoke cigarettes during the past 30 days	828	89.6
I bought them in a store, such as a convenience store, super market, discount store or gas station	30	3.2
A person 19 years old or older gave them to me	13	1.4
I gave someone else money to buy them for me	14	1.5
I borrowed (or bummed) them from someone else	27	2.9
I took them from a store or family member	5	.5
I got them some other way	7	.8

Table 4. Questions on Access to Alcohol

During the past 30 days, how did you usually get the alcohol you drank?	Frequency	Percentage
I did not drink alcohol in the past 30 days	568	61.1
I got it from a sibling/friend (not at a party)	165	17.7
I got it at a party where no adult was home	56	6.0
I got it at a party where an adult was home	29	3.1
I got it from my parent/guardians home without their knowledge	35	3.8
I got it from my parent/guardians home with their knowledge	43	4.6
I gave a stranger money to buy it for me	20	2.2
I bought it in a store such as a liquor store, convenient store, supermarket, discount store or gas station	14	1.5

Table 5. Questions on Access to Marijuana

During the past 30 days, how did you usually get marijuana?	Frequency	Percentage
I did not use marijuana in the past 30 days	734	79.6
I bought it from a friend	76	8.2
I bought it from a stranger/dealer	26	2.8
I got it free from a friend/relative	66	7.2
I got it for free from someone I just met or didn't know well	4	0.4
I traded something else for it	1	0.1
I grew it myself	15	1.6

Table 6. Questions on Access to Prescription Drugs for Nonmedical Use

During the past 30 days, how did you usually get the prescription drugs that you used for nonmedical purposes?	Frequency	Percentage
I did not use any prescription drugs for nonmedical purposes in the past 30 days	821	89.3
I got prescription drugs from one or more doctors	48	5.2
I wrote fake prescriptions	8	0.9
I stole prescription medications from a doctor's office, pharmacy, clinic or hospital	6	0.7
I got prescription medications from a friend or relative for free	21	2.3
I bought prescription medications from a friend or relative	6	0.7
I took prescription medications from a friend or relative without asking	7	0.8
I bought prescription medication from a drug dealer or other stranger	1	0.1
I bought prescription medication on the internet	1	0.1

Table 7. Perceptions of Risk

Percentage of students who perceived moderate or great risk if people...	9th grade	10th grade	11th grade	12th grade	Total
smoke >= 1 pack of cigarettes per day	82.2	83.5	90.8	80.1	84.1
binge drink once or twice a week	78.9	75.9	83.8	69.9	77.4
smoke marijuana once or twice a week	64.5	57.5	64	46.6	58.5
use prescription drugs not prescribed for them	85.2	79.1	93	82.5	85.1

Table 8. Peer Disapproval of ATOD Use

Percentage of students who think their friends think it is wrong or very wrong to...	9th grade	10th grade	11th grade	12th grade	Total
smoke cigarettes	81.2	70.3	82	61.6	74.3
have one or two alcoholic drinks nearly every day	76.8	66.9	71.9	54	67.8
smoke marijuana	69.1	57.3	58.8	35.5	55.9
use prescription drugs not prescribed for them	88.3	88.1	87.7	77.3	85.5

Table 9. Parental Disapproval of ATOD Use

Percentage of students who think their parents would think it is wrong or very wrong for them to...	9th grade	10th grade	11th grade	12th grade	Total
smoke cigarettes	95.4	93.9	95.6	83	92.1
have one or two alcoholic drinks nearly every day	92.6	92.8	91.7	84.1	90.4
smoke marijuana	93	90.1	89.8	77.8	87.9
use prescription drugs not prescribed for them	96.3	94.3	97.8	86.6	93.9

Table 10. Depression and Self Harm

During the past 12 months, did you...	9th grade	10th grade	11th grade	12th grade	Total (%)
do something to injure yourself without wanting to die?	54 (20.7)	47 (20.7)	57 (23.7)	38 (18.7)	198 (21.2)
feel so sad or hopeless almost every day for 2 weeks or more in a row that you stopped doing some usual activities?	74 (28.5)	67 (29.5)	78 (32.4)	71 (35.0)	292 (31.3)
seriously consider suicide?	41 (15.8)	39 (17.2)	41 (17.1)	37 (18.2)	160 (17.1)

make a plan about how you would attempt suicide?	29 (11.2)	32 (14.1)	23 (9.7)	34 (16.7)	120 (12.9)
actually attempt suicide?	19 (7.4)	30 (13.2)	17 (7.1)	21 (10.3)	88 (9.5)
have to be treated by a doctor or nurse due to the attempt resulting in an injury, poisoning, or overdose?	10 (22.2)	10 (20.8)	6 (18.8)	13 (37.1)	41 (25*)

*based on those who responded 'yes' or 'no' to this specific question (e.g., 41/162 = 25% (denominator reflects those who answered 'yes' or 'no' to this specific question)).

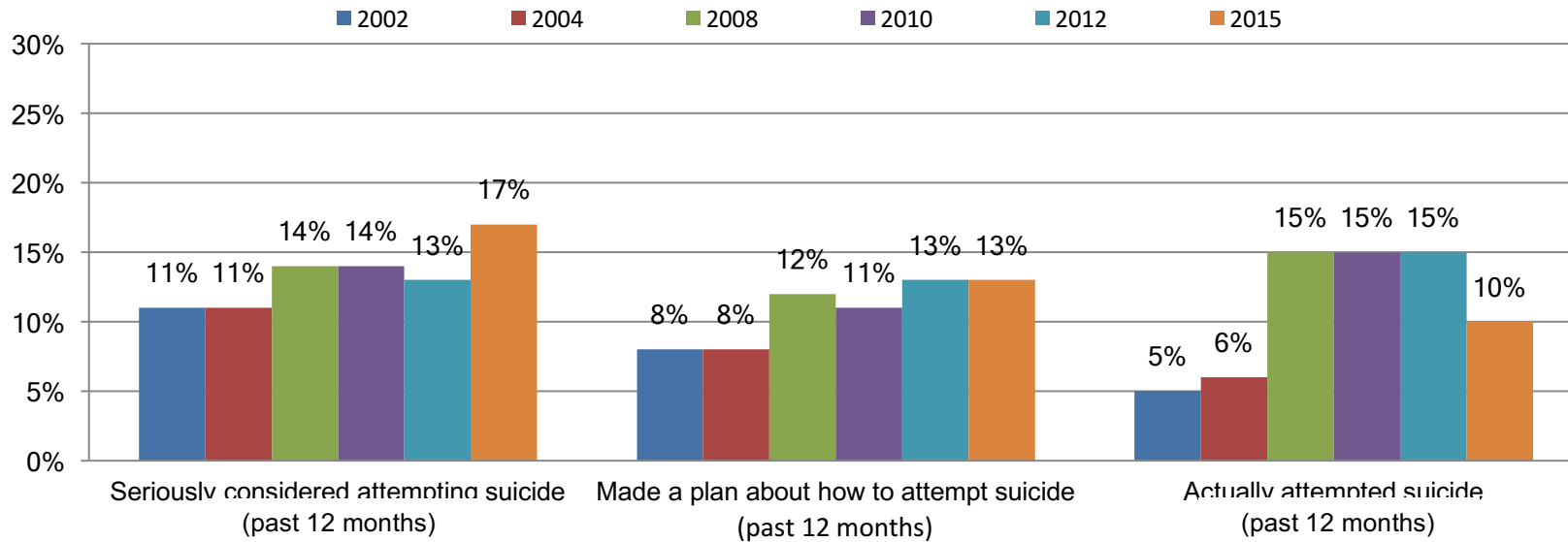
Table 11. Protective Factor: Adult Support

In this school...	Yes (%)	No (%)	Not Sure (%)
Is there at least one teacher or other adult you can talk to if you have a problem?	660 (70.4)	132 (14.1)	146 (15.6)

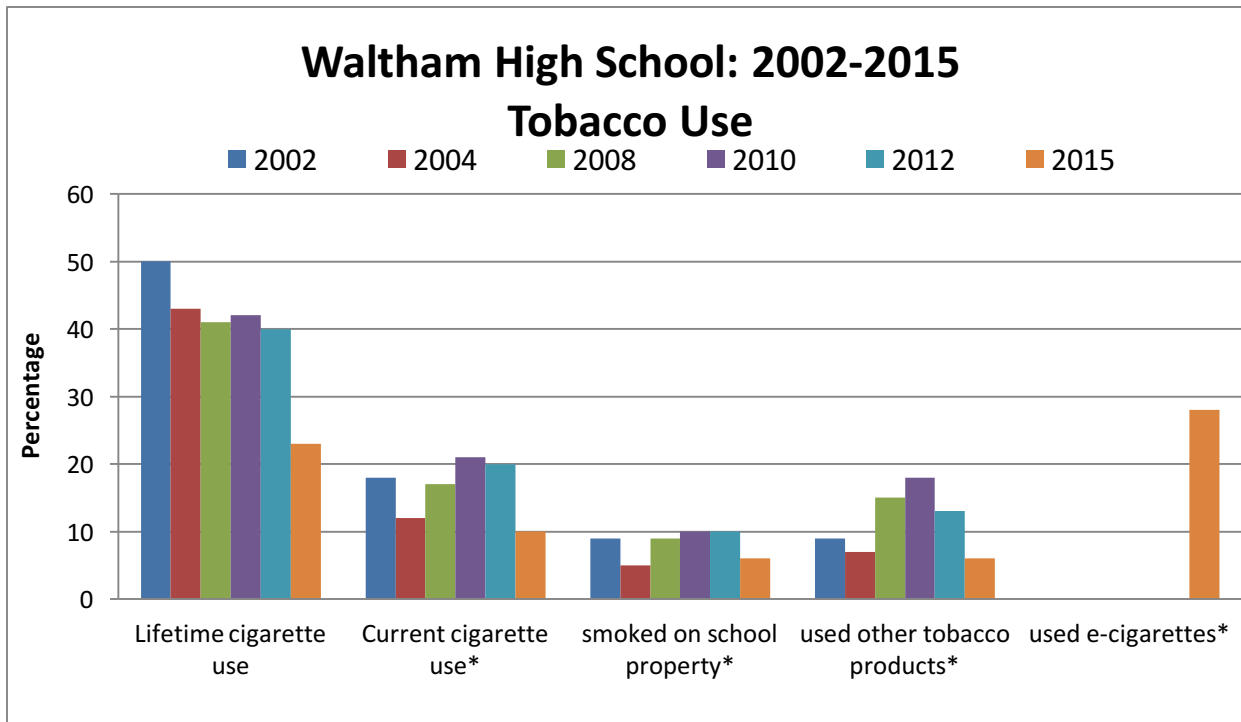
Outside of school...	Parent or other family member	Non-family adult (religious leader, club advisor, neighbor, etc.)	Both family and non-family adults	No	Not Sure
is there an adult (or adults) you can talk to about things that are important to you?	427 (45.5%)	48 (5.1%)	314 (33.4%)	85 (9.1%)	65 (6.9%)

WALTHAM PUBLIC HIGH SCHOOL 2002 – 2015 YRBS

SUICIDALITY



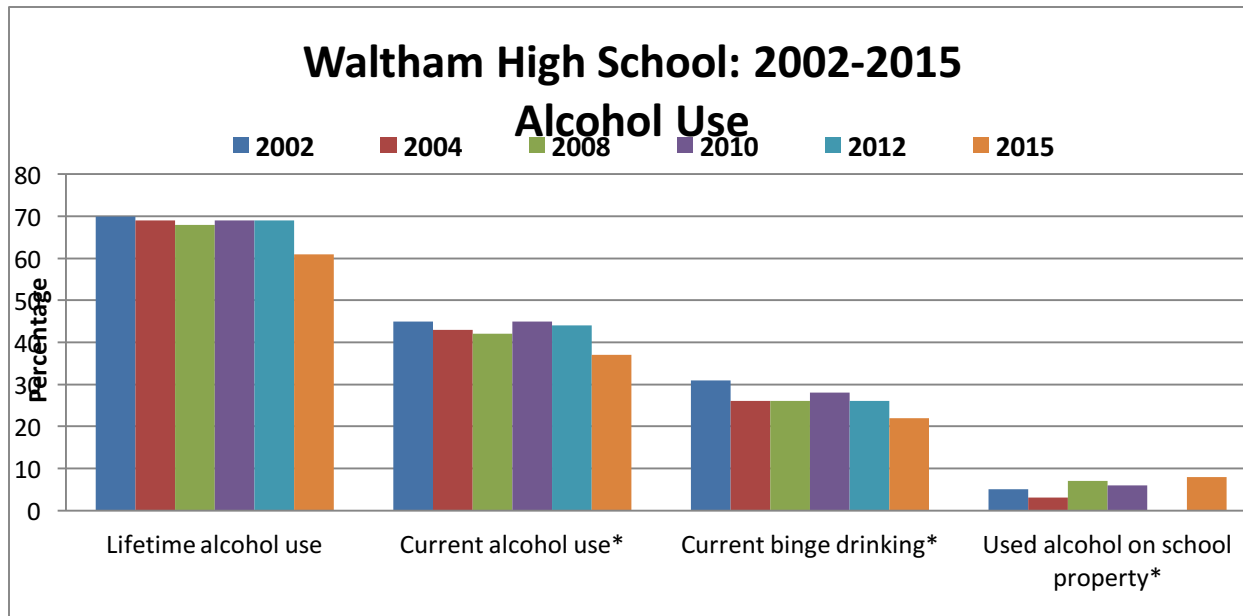
In past 12 months...	2002	2004	2008	2010	2012	2015	2007 MA	2009 MA	2011 MA	2013 MA
Seriously considered attempting suicide	11%	11%	14%	14%	13%	17%	13%	14%	13%	12%
Made a plan about how to attempt suicide	8%	8%	12%	11%	13%	13%	11%	11%	12%	11%
Actually attempted suicide	5%	6%	15%	15%	15%	10%	8%	7%	7%	6%



*Reported use during the past 30 days

	2002	2004	2008	2010	2012	2015	2007 MA	2009 MA	2011 MA	2013 MA
Lifetime cigarette use	50	43	41	42	40	23	46	43	39	32
Current cigarette use*	18	12	17	21	20	10	18	16	14	11
smoked on school property*	9	5	9	10	10	6	7	7	6	3
used other tobacco products*	9	7	15	18	13	6	24	24	21	17
used e-cigarettes*	NA	NA	NA	NA	NA	28	NA	NA	NA	NA

*Reported use during past 30 days



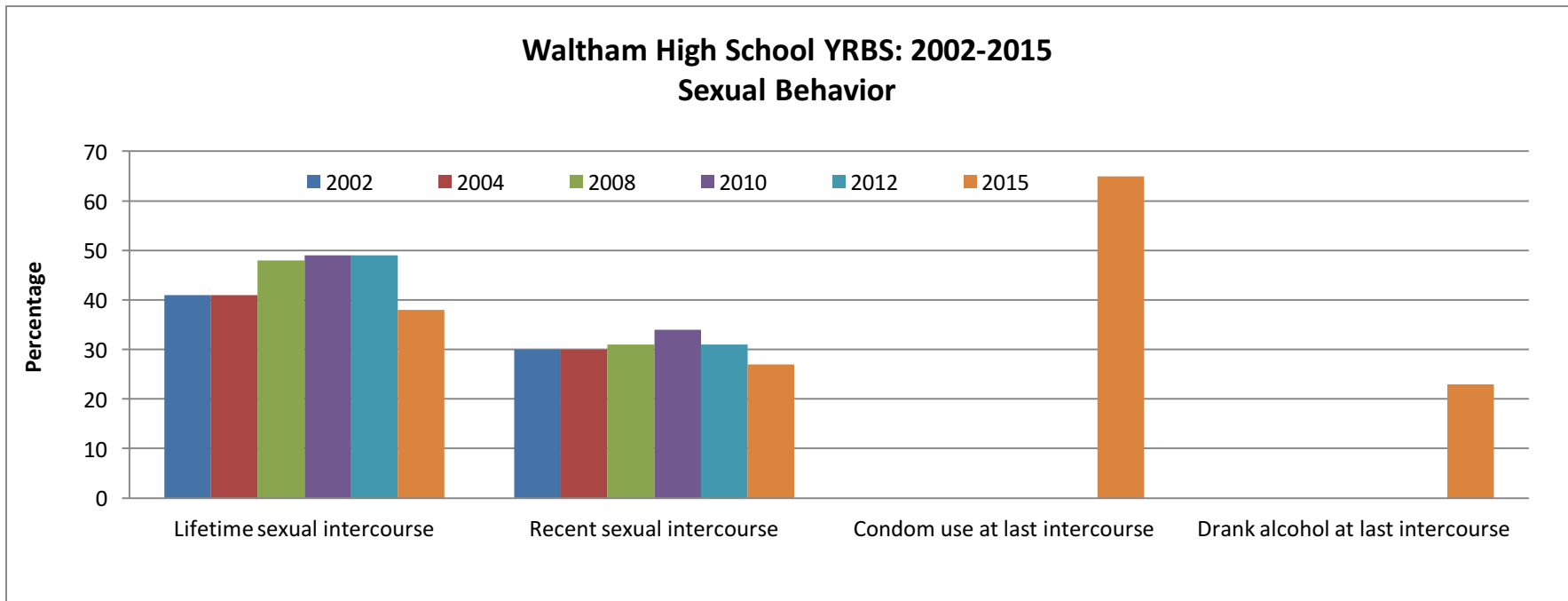
	2002	2004	2008	2010	2012	2015	2007 MA	2009 MA	2011 MA	2013 MA
Lifetime alcohol use	70	69	68	69	69	61	73	71	68	63
Current alcohol use*	45	43	42	45	44	37	46	44	40	36
Current binge drinking*	31	26	26	28	26	22	28	25	22	19
Used alcohol on school property*	5	3	7	6	NA	8	5	4	4	3

*Reported use during past 30 days

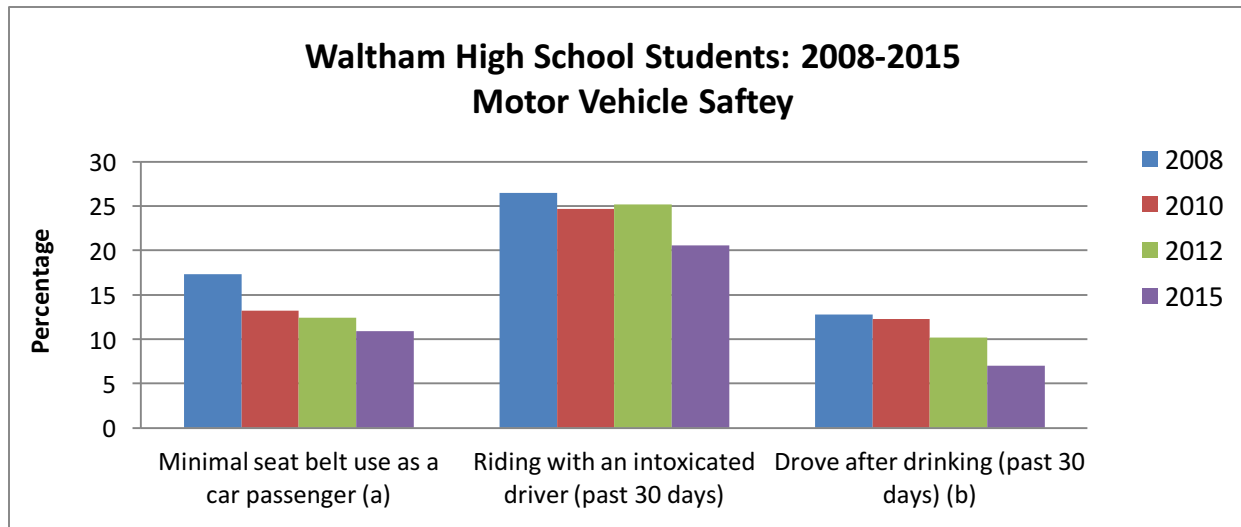
Other Illegal Drug Use

Used during past 30 days...	2002	2004	2008	2010	2012	2015	2007 MA	2009 MA	2011 MA	2013 MA
marijuana	23	19	18	28	23	20.3	25	27	28	25
marijuana on school property	NA	NA	NA	NA	NA	5.2	5	6	6	5
any prescription pain reliever, not prescribed	NA	NA	NA	NA	NA	5.5				3*
prescription stimulant, not prescribed	NA	NA	NA	NA	NA	6.2	NA	NA	NA	NA
any form of cocaine	NA	NA	NA	NA	NA	3.9	9	6	5	4
ecstasy	NA	NA	NA	NA	NA	3.3	7	6	6	5
heroin	NA	NA	NA	NA	NA	2.8	3	2	2	1
methamphetamines	NA	NA	NA	NA	NA	3.2	4	3	3	2
steroid pills or shots without a doctor's prescription	NA	NA	NA	NA	NA	3.5	4	3	3	2
inhalants	NA	NA	NA	NA	NA	4.2				3
other illegal drug	NA	NA	NA	NA	NA	3.8				

*Massachusetts 2013 survey asked about using any prescription drug that was not their own.



	2002	2004	2008	2010	2012	2015	2007 MA	2009 MA	2011 MA	2013 MA
Lifetime sexual intercourse	41	41	48	49	49	38	44	46	42	38
Recent sexual intercourse	30	30	31	34	31	27	33	35	30	28
Condom use at last intercourse	NA	NA	NA	NA	NA	65	61	58	58	58
Drank alcohol at last intercourse	NA	NA	NA	NA	NA	23	25	24	23	24



	2008	2010	2012	2015	MA 2005	MA 2007	MA 2009	MA 2011	MA 2013
Minimal seat belt use as a car passenger ^(a)	17.3	13.2	12.4	10.9	15	15	14	14	9
Riding with an intoxicated driver (past 30 days)	26.5	24.7	25.2	20.6	27	26	27	23	18
Drove after drinking (past 30 days) ^(b)	12.8	12.3	10.2	7	11	11	9	7	7

(a) Those who reported never or rarely using a seatbelt.

(b) Of students who reported driving a car.

Violence-Related Behavior and Experiences

Past 12 months...	2008	2010	2012	2015	MA 2005	MA 2007	MA 2009	MA 2011	MA 2013
Involved in a physical fight	NA	NA	NA	17.1	29	28	29	25	20
Injured in a physical fight	NA	NA	NA	3.4	4	4	3	4	2
Member of a gang	NA	NA	NA	5.2	10	9	7	6	7
Experienced cyber bullying	NA	21.3	25.1	22.2	NA	NA	NA	17	14
Was bullied at school	22.2	22	27.3	19.4	24	22	19	18	17
Was threatened or injured with weapon at school	7	4.5	4.6	3.8	5	5	7	7	4
Had property damaged or stolen at school	NA	NA	NA	14.1	NA	NA	NA	NA	NA
Involved in physical fight at school	NA	NA	NA	7.3	10	9	9	7	5

Past 30 days...	2008	2010	2012	2015	MA 2005	MA 2007	MA 2009	MA 2011	MA 2013
Carried a weapon	NA	NA	NA	6.6	15	15	13	12	12
Carried a weapon at school	7	5.1	4	2.8	6	5	4	4	3
Skipped school due to feeling unsafe	6.7	6	6.2	5.1	4	5	4	5	4

During lifetime...	2008	2010	2012	2015	MA 2005	MA 2007	MA 2009	MA 2011	MA 2013
Dating violence (physical or sexual)	9.9	9.8	7.4	7.2	NA	NA	11	9	8
Sexual assault	NA	NA	NA	9.9	NA	NA	11	10	9

Physical Education and Physical Activity

	2008	2010	2012	2015	MA 2005	MA 2007	MA 2009	MA 2011	MA 2013
Physical activity at least 60 mins for 1-7 days (past 30 days)	NA	NA	NA	85.4	NA	41	34	43	44
Played on sports team (past 12 monts)	NA	NA	NA	63.5	55	60	59	60	60
3+ hours of TV, average school day	28.3	30.1	29.5	25.5	33	28	30	28	25
3+ hours of video game/computer use, non-school related, average school day	NA	NA	NA	25.8	NA	29	30	32	39